



The  
Holy Teachings  
As Revealed To  
And Approved By  
The Rock City  
Holy Council

## The Holy Teachings

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Approved By

### The Rook City Holy Council

Praise Be to  
The Wonderful Light And  
Its Blessed Daughter Gra-Ma  
Who Has Gifted Penguinkind  
With Salvation  
Through Continued  
Holy Incubation

#### THE WONDERFUL LIGHT

In the beginning, the Wonderful Light was nested within itself; nothing else existed.

2 The Light always was, always is and always will be. The Wonderful Light is the Dreamer.

#### THE FIRST TRIUNE

The First Triune is known as the Sphere of Negative Existence and is called Potential.

2 It is constituted of Existence, Awareness and Knowledge.

3 Omnipresent, the Light transcends time and space and is Aware of Its own Existence.

4 As all things are of the Light, It has complete Knowledge of all things, past, present and future.

#### THE WILL OF THE LIGHT

The Second Triune is the sphere of the Will of the Light and is called Intention.

2 Isolation, Appetence and Adoration combine to form the Second Triune.

3 When Existence, Awareness and Knowledge fused to become the First Triune, the Light saw the Isolation of the Sphere of Negative Existence.

This filled the Light with Appetence for Things-to-Be.

4 The Triune of Potential reflected Appetence as Adoration.

5 Adoration then merged with Isolation and Appetence to become the Second Triune.

#### THE ROUND SONG OF CREATION

The alternating radiation of Appetence and its reflection as Adoration produced vibrations causing the spheres to resonate musically.

2 Thus did the Holy Round Song of Creation begin its magical construction of the World.

#### THE THIRD TRIUNE

The Round Song energized the first two spheres and they began to rotate around a common center, describing the

circular perimeter of the Third Triune: Causation. It is known as the sphere of creativity and was formed by uniting Maternity with Fertility and Paternity.

2 Maternity is the receptive creative force brought into existence by the creation of the Circle of the Third Triune. The momentum of the orbiting spheres produced Paternity, the bestowing creative force.

3 Fertility resulted from the harmonious resonance of the spheres to the Round Song. (Just as the spheres resonate to create the Round Song, they also resonate harmoniously to the Song's melody.)

#### THE GREAT MYSTERY

The three Triunes of Potential, Intention and Causation merged to form The Great Mystery: the Triune of Triunes, the Number Nine. It is the number of the Round Song. When the Song began to resonate, the creation of Gra-Ma and the material World was at hand.

#### THE CREATION OF GRA-MA

The three Triunes resonated to the Round Song to create the Grand Maternal Penguin.

2 She is venerated by us as Gra-

Ma: the Holy-Mother-of-All-Things-In-The-World.

3 It is through Her the Wonderful Light brings things from the Sphere of Negative Existence into the material World.

4 The material World is the Sphere of Positive Existence. Its number is Four.

#### GRA-MA LAYS THE COSMIC EGG

The Light commanded Gra-Ma to construct a circular love nest, twenty-seven beaks in diameter by nine beaks high.

2 Gra-Ma obeyed and the Light saw that it was good.

3 The Light commanded Her to lay the Cosmic Egg. Gra-Ma obeyed and the Light saw that it was good.

3 The Egg is filled halfway with the Great Water upon which the World floats. The remainder of the Egg contains the air we breathe and in which clouds float. The color of the Shell is blue and we have named it "sky".

#### THE WATCHERS

The Watchers are the only creatures of the Egg that are not children of Gra-Ma.

2 They were created and sent into the Egg by the Light after the Fall of Penguin.

3 In the material World, only the Watchers consciously know the true meaning of the Round Song, although its magical melody and words were recorded deep within all things at the moment of Creation.

THE FALL OF PENGUIN

**M**ade in Her image, the first penguins were chosen by Gra-Ma to serve as the Holy Council for all the inhabitants of the Egg.

2 Through the mystery of Divine Revelation, the Holy Council interprets the Will of the Light and dictates it to the rookery through the Holy Teachings.

3 In those ancient times, penguins were given dominion over all creatures.

4 As a sign of their exaltation, they also had the gift of flight.

5 There were no other winged and flying creatures in that time long ago.

SUNNY-SIDE UP

**T**here was no Law of Nature and no death. The long, cold darktime of winter never came.

2 Summer was perpetual; it was so warm, ice and snow did not exist.

3 As we say on a warm, sunny

day in Rook City, the weather was always “sunny-side up.”

4 The world was a fertile warm paradise lush with life.

5 There were no blowing storms and no dark clouds.

6 There were countless forms of plant and animal life in rich variation.

7 As we continue to do now, all creatures spoke in Wuntung, the language of the material World.

OVER EASY

**T**he first penguins perfected aviation to a fine art.

2 With wingspans many times wider and longer than our small flightless wings of today, they found it easy to fly over to any point in the World, and even up to the inside surface of the Cosmic Egg Shell.

3 Naked, the penguins had no need for feathers or body fat in the endless summer warmth.

4 They were giants with immense, sharp saw-like beaks, long legs with razor-like talons and enormous wings of stretched skin.

HARD BOILED

**T**he power and authority the first penguins had over all creatures caused them to be-

come filled with sinful pride.

2 They believed themselves superior to all other creatures and scorned and ridiculed the others, especially those of the Great Water.

3 Penguins could walk, run and fly, but they could not swim.

4 They were jealous of creatures that possessed positive attributes they lacked and persecuted them relentlessly.

5 The penguins were convinced they were entitled to everything they wanted.

6. The penguins perverted the Will of the Light, disregarded the commandments of Gra-Ma and abused their positions on the Holy Council.

7 They were envious not only of the swimming creatures, but also of Gra-Ma and even the Wonderful Light.

8 They abandoned the Holy Teachings and formulated strictures to serve their own selfish purposes.

9 Their attitude toward the happiness and welfare of others became hard-boiled.

10 They treated others harshly; they were slovenly, greedy, self-righteous and hypocritical, and they indulged in many wicked practices.

LACERTUS PRAYS

**T**he ruthless tyranny and evil of the penguins lasted for such a great length of time, the Holy Teachings would have been lost forever if it were not for a tiny, seemingly insignificant four-legged creature.

2 His name was Lacertus and he remembered the Holy Teachings.

3 He cried out to Gra-Ma in his prayers.

THE FIRST WEeping:  
THE WATCHERS  
ARE CREATED

**G**ra-Ma heard the prayers of Lacertus and She wept. This is The First Weeping.

2 The Wonderful Light heard Gra-Ma’s cries and created the Watchers.

3 They were sent forth into the Egg to restore the Holy Teachings.

VOICES OF THUNDER

**I**n that time, the Watchers walked the land with four powerful legs.

2 Even more enormous in size then than now, they had long, muscular tails, sharp teeth and long claws.

3 Their mighty bodies were armored with thick skin and hard

boney plates.

5 Their voices of thunder inspired great fear; all who saw them trembled.

6 But the Watchers were given warm blood and loving hearts. They were made gentle, compassionate, and empathetic and, of all worldly creatures, they were blessed with the highest level of intelligence.

#### WATCHERS GIVEN DOMINION

The Watchers were given dominion over all creatures, including the penguins, and were commanded to form a new Holy Council.

2 All creatures ate of the plentiful fruit of the lush plant life which thrived throughout the World. It was a wonderful time of great abundance; there was no need to toil and there was no Law of Nature.

3 Everything necessary to survival was provided by the perpetual warm summer environment in the Egg.

4 With the restoration of the Holy Teachings by the Watchers, the delicate Circle of Life was maintained.

*Is there actually a song we all sing but do not realize it conveys the meaning of life? Yes. Chances are you know the words by heart, and not only have you sung it many times, you've taught it to your children as well.*

#### ROTTEN EGG

The reign of the Watchers lasted three times three as long as that of the penguins, but it, too, degenerated over the aeons.

2 The Watchers became complacent and neglected their duties on the Holy Council.

3 Ignoring the Will of the Light, they joined with the creatures of the world in constant merriment and play, and thus became irresponsible.

4 After a great period of time, conditions within the Egg deteriorated.

5 The well-known proverb rings true: "It is a foul fowl that fouls its own fowl nest," and that's exactly what happened to the World at that ancient time.

6 All the creatures made a shameful mess of things on account of their ceaseless play and disregard of the Holy Teachings.

7 They did not heed the strictures designed to maintain the Circle of Life.

8 Refuse piled up on the land, the sky was dirtied and the Great Water reeked of filth.

9 All the creatures continued to neglect their responsibilities.

10 Their play increased even while the vegetation began to

die and rot and hundreds of millions of creatures became ill from the poisoned environment.

11 The World became a Rotten Egg.

#### THE PENGUINS SIN AGAIN

In that ancient time, perpetual summer lighttime was possible because the inside surface of the Egg Shell was coated with a brightly glowing dust.

2 The stinking mess the World had become caused a smelly, thick, brown haze to blanket the land and dark clouds to block out the sky.

3 Many creatures were alarmed, but the Watchers were not watching as their duty required.

4 Instead, they were preoccupied with their own amusements.

5 The penguins had not forgotten their sinful pride and jealousy.

6 They resumed their wicked ways, unnoticed by the Watchers.

7 The penguins flew up above the covering of clouds so as not to be observed.

8 The evil they planned would not be interfered with.

#### CRACKED EGG

The penguins flew up to the surface of the Shell and pecked at it.

2 Gra-Ma was sitting outside on the Egg and sternly commanded them to stop.

3 When they heard Her voice, they were frightened, but still they only pretended to obey.

4 Considering themselves fully incubated and ready to hatch as gods equal to Gra-Ma and the Wonderful Light, the penguins conspired one with another to wait until She left the Egg to seek nourishment from the Light.

#### THE FIRST WINTER DARKTIME AND THE CREATION OF THE STARS

When the temperature inside the Egg dropped slightly, the penguins knew Gra-Ma was not warming it.

2 In Her absence, they felt safe to attack the Shell again.

3 This time, they punctured billions of holes through it with their powerful beaks.

4 Warm air within the Egg rushed violently out through the holes, creating a terrible wind that blew the coating of glowing dust off the inside

surface of the Shell (Traces of the dust are still visible as the “dancing lights” we often see in the darktime sky).

5 Without the luminous coating, there was no light inside the Egg. The World was plunged into its first winter darktime. All the creatures were terrified.

6 But the Wonderful Light which shined everywhere outside the Egg could be seen through the holes the penguins made.

7 The awestruck creatures inside named the holes “stars”.

#### CREATION OF THE SUN AND MOON

The penguins continued their attack, but were individually able to peck only small holes despite their very sharp beaks.

1 They gathered themselves into two large groups to combine efforts to break through the Shell.

2 One team punched out a large hole we now call the “sun.”

3 The other made a smaller aperture known to us now as the “moon.”

4 As is also true of the stars, the light of the sun and moon is the Wonderful Light which fills infinite space outside the Egg.

#### SCRAMBLED EGG

Air rushed out of the sun and moon holes so forcefully, the Egg began to spin rapidly and the World inside was scrambled.

2 The previously calm, mirror-smooth Great Water churned to create huge frothy waves. Jagged mountains suddenly rose on the land where before there were none.

3 The land shuddered, shook, rolled and cracked open to swallow up entire rookeries, killing millions of penguins and other creatures.

4 Raging winds and thunderous storms were generated by the rush of air escaping to the outside of the Shell.

5 The temperature inside plummeted, and for the first time, water solidified to ice and snow fell from the sky.

6 The warm paradise of the ancient World became a frozen wasteland.

#### THE SECOND WEeping: GRA-MA HEARS THE PRAYER OF LACERTUS

Lacertus, the small creature who had dared to defy the penguins by praying to Gra-Ma many ages earlier, again invoked Her name in prayer.

2 She heard his prayer, and returned to the Egg.

3 When She saw it spinning and damaged, she wept.

4 This is the Second Weeping.

#### THE THIRD WEeping: GRA-MA INTERCEDES ON BEHALF OF THE CHILDREN OF THE EGG

The Wonderful Light heard Gra-Ma’s cries and knew what the penguins had done.

2 Outraged, It decided to destroy the Cosmic Egg and its inhabitants. Hearing this, Gra-Ma wept.

3 This is the Third Weeping.

4 Interceding for all the creatures of the World, Gra-Ma begged the Wonderful Light to spare Her children.

#### LACERTUS FOUND WORTHY

The Wonderful Light agreed to spare the Egg and the creatures inside if but one could be found worthy.

2 The Light entered the Egg and all but Lacertus ran and hid.

3 Lacertus prostrated himself before the Light and begged forgiveness.

4 The Wonderful Light transformed Lacertus into a beautiful winged bird with warm, col-

orful feathers, saying: “Because thou art found worthy and not wanting, thou and thy seed shall have the gift of flight so as to be above all other creatures.”

5 Thus did Lacertus become the forerunner of all flying birds.

#### THE PENGUINS DISOBEY AND HIDE FROM THE LIGHT

The penguins fled to the deep interior of the land and hid, ashamed of their naked guiltiness and afraid to stand before the Light.

2 The Light commanded them to come forth out of the darkness, but they would not.

3 Angered by their disobedience, the Light sent the Watchers to bring them to Judgment.

4 The Watchers did as commanded and the trembling penguins were brought unto the dazzling presence of the Wonderful Light.

5 It shined on them and they were transformed.

6 Because their pride was large, penguins were made small. Because they abused the gift of flight, it was taken away.

7 Because they had scorned and ridiculed all other creatures, especially those of the Great Wa-

ter, they were made to swim for their food.

8 Once tall and graceful, they were condemned to waddle clumsily on short stubby legs.

9 Their feet became webbed rudders and their giant wings were reduced to small flippers.

10 Showing compassion for the penguins, even in the face of their sinful disobedience, the Light gave them insulating layers of fat and warm feathers to protect them from the freezing darktime of winter which they had unleashed upon the World.

11 The Light also commanded the penguins to live without nests and in isolation from other creatures, exposed constantly to the harsh weather in the coldest and most remote part of the World.

#### THE WATCHERS ARE PUNISHED

The Wonderful Light shined on the Watchers. Their powerful legs, long tails and plates of armor were taken away.

2 Their deep thunderous voices were reduced to whispers and embarrassing high-pitched squeals and whistles.

3 They were commanded to

never again walk the land. The Light gave the Watchers swimming fins instead of legs, and fanned tails, and then cast them into the Great Water.

4 Their new form resembled that of fish, but they were denied gills and were therefore unable to breathe water as the fish do.

5 "Thou shalt live in the depths of the Great Water, and thou shalt breathe air to stay ever alert and watchful, lest thou fall asleep and drown," the Light commanded.

6 But they were allowed to retain warm blood, gentle dispositions and their superior intelligence.

#### THE WATCHERS SING THE ROUND SONG

The Light commanded the Watchers to constantly swim the Great Water until the World and all its inhabitants achieve Perfect Incubation, or until the effort fails and the World perishes, or for fifty billion trillion gazillion miles—whichever comes first.

2 They must maintain a vigilant watch on all creatures and things within the Egg.

3 To assure compliance, the Watchers were given the sacred

words and melody of the Round Song which binds together the very fabric of All-That-Is.

4 If they cease singing the Song for even a moment, the material World will collapse into the nothingness of the sphere of negative existence.

5 The Light thus commanded them to sing the Song: "No one Watcher must sing the Round Song all of the time, but all Watchers must sing It some of the time so that It is sung somewhere by at least one Watcher all of the time."

6 The Watchers were also commanded to sing the Song in the Holy Tongue of the Light and the musical scale of the spheres, both known only to the Watchers and the Wonderful Light Itself. In this way, the true meaning of the Song cannot be deciphered by any other creature, lest the mysterious secret contained in the Song bring to consciousness The Last Thought.

7 The full understanding and experience of its great secret by mortal creatures other than the Watchers could bring about The Great Awakening and with it, the End of the World.

#### DEATH AND THE LAW OF NATURE (TLN)

Prior to the Fall of Penguin, creatures were immortal; Incubation was strictly spiritual. 2. Each genus was to retain the form in which they were incarnated until Perfect Spiritual Incubation was achieved.

3 Without physical Incubation, there was no need for death and the process of generative procreation.

4 There were no matings, no hatchings, no young and no elderly.

5 Incubation without corporeal transformation was made impossible when the Light changed the bodies of Laceratus, the first penguins and the Watchers.

6 The Law of Nature (1/137 TLN), was created and imposed by the Light to regulate the Incubation of the material World.

7 With its introduction, immortality was taken away from all creatures—even from the Watchers. Under the Law, each species is required to suffer through generations of hatchings into short, struggling lifespans constituted of youth, a brief procreative period, old

age and death until Perfect Incubation is achieved—or until the entire species dies out from an inability to adapt to constant environmental changes.

8 The Law sets conditions so exact, delicate and complex that all creatures will vanish forever if its mandates are not carried out to the letter.

9 The Law is unforgiving and establishes a harsh system of life that feeds on itself, but that is the price all creatures must pay for the original sin of the first penguins.

#### THE SECRET CEREMONY OF THE CIRCLE AND THE LAW OF NATURE

As it has been ever since the establishment of The Law of Nature (1/137 TLN) by the Wonderful Light, every winter darktime something holy and magical happens to Rook City penguins.

2 When temperatures plummet to their coldest, and the wind blows fiercely, preparations for the Secret Ceremony of the Circle begin.

3 The ceremony is so secret that much of it is kept a secret even from the participants.

4 Everyone in Rook City knows

it happens, and some of us know some of what happens, but no one individual knows everything that happens, or why it happens in the way it happens other than it is related to the Fall of Penguin.

5 The primary celebrants are the approximately two hundred fifty thousand males who make up half the population of Rook City, although their female mates also play a vital role.

6 When the cold, icy-wind-howling, long darktime of winter falls upon the world, all the creatures of the land and the sky—except for the residents of Rook City—mysteriously disappear.

7 At this time, all penguins aged four seasons or older, male and female, fall into an obedient trance-like state and inexplicably march to the coldest and most remote part of the world, leaving the younger Rook City residents to create a separate city of their own where they, too, will follow the same marching-off ritual in their fourth season of life.

8 None consciously know why we do this other than it is an uncontrollable urge.

9 We penguins begin the long,

difficult trek on the shelf ice upon which we live near the Great Water, and walk inland—away from all food sources—one hundred or more miles.<sup>1</sup>

10 That's an amazing feat for the fat bodies, stubby legs and webbed feet the Wonderful Light cursed us with as punishment for the Fall of Penguin.

11 After thirty waketimes or so, we reach our destination: an extremely isolated part of the same part of the world we started on, and where we establish New Rook City.<sup>2</sup>

12 Once the new city is chartered, the full force of the Law takes over, and we go into an altered state of consciousness.

13 When full awareness returns to us we don't remember much about this mysterious event.

14 There's a reason why the Law takes over every winter.

15 Have you ever seen a city where there were no chicks or fledglings?

16 There are none in New Rook City, so the Law kicks in powerfully to set things right because cities without chicks and fledglings are unlawful.

17 Have you ever been so madly in love, you think and act and feel crazy, giddy, stupid, silly,

tortured, and wonderful all at the same time?

18 That's what happens when the Law takes over during the prelude to the Secret Ceremony of the Circle.

19 Each penguin falls hopelessly in love with his or her own spouse all over again.

20 In Rook City, husbands and wives truly love each other; the divorce rate is only fifteen percent.

21 For many, the annual founding of a new city is a second, tenth, perhaps even a thirtieth honeymoon.

22 Not even the wise birds and Holy Messengers of Gra-Ma on the Holy Council know all the details of the actual ceremony itself, but we do know it involves males only and takes place after each female presents her mate with the gift of an egg.

23 After that, the females return to the sea to eat while the males remain at New Rook City where there is only more wind and more cold and no food. We have no idea how the males stay alive, but they somehow manage to do it, and sixty sleep-times later when the females return, the males present them with newly-hatched chicks.

## THE AUTHORITY OF THE HOLY COUNCIL

24 After the return of the females, the males make the long trek back to the sea to fatten up on krill, squid and fish while the females take care of the chicks. The parents take turns chick-sitting this way until the sea ice breaks up and melts from the midsummer sun, bringing the ocean's edge to the city limits, and the chicks finally lose the last of their brown chick down to become fully-fledged independent young adults.

25 New Rook City is renamed Rook City; the young penguins learn, grow and mature, and as summer's warmth fades, the sea ice gradually reforms, and the city is moved further and further out on the ice as we penguins strive to stay near the water's edge until the long, cold darktime of winter returns and with it, the magic of the Song and the Law.

<sup>1,2</sup> *Translator's note:*

*30 waketimes = 30 days, and the distance traveled is about 100 miles.*

<sup>3</sup> *Translator's note: The word "all" was added by the Holy Council after the suspension of Professor Penguimedes.*

### THE HOLY COUNCIL IS THE ULTIMATE AUTHORITY ON THE HOLY TEACHINGS

All living things come into the World with a complete knowledge of the Law of Nature as it pertains specifically to the physical survival and Incubation of their individual species.

2 This knowledge is generally termed "morality" (ability to sense what is "right" and what is "wrong"), "social consciousness," "sense of community and cooperation," and "common sense."

3 The Holy Teachings, which concern Perfect Incubation, are revealed to the Holy Council directly by Gra-Ma and are passed down to each new generation by word-of-beak.

4 The Holy Council established the Rook City School System strictly for this—and no other—purpose. Therefore, *all* subjects taught in Rook City Schools are to be conveyed to students in such a way as to uphold, reinforce, and reflect the truth of the Holy Teachings.<sup>3</sup>



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